

Join Us for:

Raising Sturdy Kids



*Regents School of Charlottesville
Presents National Speaker:*

Keith A. McCurdy
ED.S., L.P.C., L.M.F.T.

Keith has worked with over 15,000 individuals, families, children, and parents, for over 30 years in the field of mental health. He received his Master of Arts & Education Specialist degrees from James Madison University and is currently the President and CEO of Total Life Counseling, Inc. As a Licensed Professional Counselor & Licensed Marriage and Family Therapist, he provides counseling and workshops on improving parenting skills, building strong marriages, and maintaining healthy relationships.

He previously served as Chairman of the Board at Faith Christian School, a Christian classical school in Roanoke, VA. Keith has been a regular contributor to The Roanoke Star with articles on children, parenting, and marriage. Keith has been featured on the Circe Institute's podcast "The Commons", "BaseCamp Live", and "Crosspolitic" podcasts respectively, discussing topics related to raising sturdy kids. A significant part of his work has been helping parents understand the needed benefit of allowing their children to struggle to learn to do hard things.

OPEN TO THE PUBLIC

WEDNESDAY, SEPTEMBER 26TH ♦ 6:30PM

PORTICO CHURCH ♦ 981 2ND ST SE, CHARLOTTESVILLE, VA 22902